

Accutane Start for Females: Quick Reference Timeline

1. See your OB/GYN to start birth control
 - o If you are already on an accepted form of birth control, please proceed to step #2
 - o You must START the birth control before moving to step #2
 - o If you have questions about which types of birth controls are acceptable, talk to a nurse here.
2. Get first set of labs done
 - o These will need to be fasting: first thing in the morning before eating/drinking
 - o A nurse from the office will call you in approximately 2-3 days after you have your blood drawn. If you do not hear from the office within 1 week, please call to check on status
2. “Lockout Date”:
 - o When the nurse calls, she will provide you with a “lockout date.” This is the EARLIEST DATE you can get the second blood test drawn. If you get it even one day too early, iPLEDGE will require you to repeat it.
 - o The next blood test should be drawn on or after your “lockout date” and within the FIRST 5 DAYS of your menstrual cycle. If you do not get regular menstrual cycles, please ask the nurse for more information on when to have drawn
 - o This blood test does not need to be fasting (anytime of day)
 - o Write your lockout date here: _____
3. Office Visit
 - o Once you have the “lockout date” blood test drawn, you should be seen in the office within 2-3 days.
 - o If you do not have an appointment set within that time frame, you need to speak with a nurse at the office to move up your appointment
4. 7-day window
 - o Why? Because if you wait more than 7 days from your blood test to be seen in the office AND pick up your prescription, iPLEDGE will require a REPEAT pregnancy test
 - o If you are risk of missing your window – please call the office during office hours!!
5. Every month expect the same process IN THIS ORDER:
 - o You should get your bloodwork drawn 2-3 days prior to your office visit
 - o Come in for office visit
 - o After you are seen in the office, you will log into iPLEDGE and answer required questions
 - o Pick up your prescription (must be WITHIN 7 DAYS of your BLOODTEST date)

If you have questions at anytime, please call the office during office hours and speak with one of the nurses (610-566-7300)